

# HEALING WITH HOMEOPATHY

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# WHAT IS HOMEOPATHY?

- Safe and effective system of natural medicine
- Prepared from natural sources
- Recognized by the U.S. Food and Drug Administration (FDA)



**Dr. Samuel Hahnemann**  
Father of Homeopathy

# HISTORY OF HOMEOPATHY

- Founded by Dr. Samuel Hahnemann (1755-1843)
- Disillusioned by the medical practices of his time
- Created a system to promote safe and gentle healing
- Spread throughout the world during his lifetime
- By 1900: 22 Homeopathic Medical Schools and 100 Homeopathic Hospitals in the US

# Spanish Flu of 1918

- Worst Pandemic of Influenza in Recorded History
- 50 Million Died Worldwide
- Most Commonly Affected Those Between 20-40 Years Old
- Homeopathy's Effectiveness
- “Modern” Medicine's Failure

# PRINCIPLES OF HOMEOPATHY

- The Law of Similars
  - Homios = Similar
  - Pathos = Suffering
- Definition of Health
- Concept of Vital Force
- Symptoms as Defenses
- Individualization

# PREPARATION OF HOMEOPATHIC REMEDIES

- Mother Tincture
- Dilution
- Succussion
- Potentization

# KEY REMEDIES FOR SPECIFIC CONDITIONS

- THE FLU
  - Oscillococcinum
  - Gelsemium
  - Bryonia
  - Baptisia
  - Eupatorium
  - Arsenicum





- WOMEN'S HEALTH

- Menstrual Cramps

- Magnesia Phosphorus
- Pulsatilla
- Belladonna

- Menopause

- Belladonna
- Lachesis
- Sepia

# TOP 12 REMEDIES

1. Arnica
2. Aconite
3. Apis
4. Arsenicum
5. Belladonna
6. Bryonia
7. Calendula
8. Carbo Veg
9. Ferrum Phos
10. Rhus Tox
11. Gelsemium
12. Cocculus

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