

Alternative Cancer Healing

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Who Am I?

- Ursinus College – BS Chemistry
- Palmer College of Chiropractic
 - Doctor of Chiropractic (1987)
- Founded McCormick Chiropractic (4 clinics)



How the Body Develops Cancer

- Cancer starts when cells in a part of the body start to grow out of control.
- Cancer cell growth is different from normal cell growth. Instead of dying, cancer cells continue to grow and form new, abnormal cells.
- Cancer cells can also invade (grow into) other tissues; something that normal cells can't do. Ref: ACS

How the Body Develops Cancer

- Caused by a “trigger” of either genetic, environmental or mental origin.
- Cancer cells overwhelm the active immune system which results in disease.
- A healthy immune system not only fights cancer but makes one more resistive to cancer.
- WE ALL HAVE CANCER IN OUR BODIES AT THIS VERY MOMENT.

Healing from Cancer

- THE INSIDE OUT

VS.

THE OUTSIDE IN APPROACH

- Sometimes referred to as the Tortoise and the Hare

Healing from Cancer

- **Inside Out:** is the immune system working slowly, plodding, consistently.
- It is formulated to be specific to you.
- Highly effective. Very safe with little side effects or damage to the body.

Healing from Cancer

- **Outside In:** is using procedures and artificial means to handle a condition, i.e. drugs, surgery, radiation and even natural remedies and substances.
- Fast, dramatic, and typically non-specific
- Can be highly effective but damaging to the host due to severe changes and side effects.

What Approach is Best for You?

- Remember: Your immune system is your friend.
- Your first approach is to always strengthen your immune system because that will ultimately heal you of your disease.

What Approach is Best for You?

- You need to also look at the aggressiveness of the condition.
- The boosting of the immune system and its response takes time. Sometimes an Outside In approach is needed to stabilize a condition so that the immune system has the time to heal the disease.
- One may need to consider a mixture of the two.

What Approach is Best for You?

- There is a perception problem that Inside Out therapies (Immune Boosting) are not effective or aggressive enough and that Outside In therapies are too damaging and ultimately are ineffective.
- Evaluate the data; keeping in mind that treating cancer is a business that generates millions of dollars.

What Is The First Step: The Inside Out Approach

- 1. Always build up the immune system with a non toxic approach.
- 2. Dietary is first and foremost. Keep in mind natural clean sources of food and water.
- 3. Choose a therapy approach which heals the body without destroying the body. Toxic vs. Non toxic
- 4. Keep open the options for using surgery, chemotherapy and radiation when it will assist and slow down the cancer so that an Inside Out approach can be done.

Nutrition and Cancer

- Over 3000 studies in mainstream medical journals document successful treatment of cancer with proper diet and nutritional supplementation.

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wellness

nutritional

Providing Authoritative, Cutting-Edge Information For Your Chiropractic Practice

The Foods **CANCER LOVES**

Many of your patients are pursuing cancer as a dietary goal - and don't even know it.

By David Seaman, DC, MS, DABCN

Texts and papers that discuss cancer often illustrate how a normal cell is transformed into a cancerous cell. Normal cells should die off; however, they instead go through metaplastic and dysplastic changes,

cancer cells is prostaglandin E2,¹ which is derived from arachidonic acid. In fact, we eat an excess of arachidonic acid indirectly and directly. We eat an excess of linoleic acid from refined foods, fast foods and pack-



Conclusion

- **Above all else:** Your decision to seek a therapy is your decision and your decision only. Not a spouse nor a friend nor a doctor's. It is your body.
- Your therapy MUST make sense to you and resonate in you. Follow that rule and you will pick the right therapy every time.
- Cancer can be successfully treated.