



Biologic / Holistic / Alternative Integrative Dentistry

Presented by

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Meetinghousedental.com

An Integrative Dentist Understands That:

- The mouth and its components are intricately connected to the whole body.
- Dental issues often contribute to systemic toxicity and/or block healing:
- Unhealthy teeth, jaw bones, gums and periodontal tissues, and poor structural relationship of the mandible (lower jaw) to the cranium can cause profound dys-regulation and neurological overload resulting in dys-autonomia and health issues.



What Should You Expect From a Biologic Dentist?

A biologic/integrative dentist blends traditional (standard of care) dentistry with a biological (whole-body) approach.

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- There are approximately 160,000 dentists in the US
 - 50% of these 160,000 dentists do not use mercury (= 80,000 mercury-free dentists)
 - About 10% of mercury-free dentists incorporates an understanding of the systemic issues of mercury into the dental practice (= 8,000 mercury-safe dentists)
 - A small percentage of mercury-safe dentists operate according to the belief system that teeth are an integral part of the body and hence overall health, recognizing that oral/dental health can have a major influence on disease processes in the body (= 800 to 1200 integrative dentists).

- Review websites and/or interview dentists to decide to whom you will refer.
- **Basic** points to consider:
 - Adequate mercury-safe protocol
 - Fillings/onlays/crowns/implants/bridges, etc. that are:
 - *fluoride-free*
 - *bisphenol-free (no xeno-estrogens)*
 - *metal-free*
 - Adequate extraction protocol

An integrative dentist provides or refers patients to providers whose services include:

- Safe removal of mercury fillings using protocols and technology that meet the biological dental industry standard
- Adequately bio-compatible dental restorative materials
- Safe extraction protocol for toxic teeth – root canals and other dead teeth
- Biological root canals using laser and ozone when appropriate
- Neural therapy and other injections with Heel and Sanum remedies
- Integrative periodontal treatment, which may include laser-assisted therapy and/or ozone therapy
- Non-surgical and if necessary surgical treatment of jaw bone cavitations
- Cranio-mandibular dysfunction (TMJ) services, phase I and II

How Can You Find a Biologic Dentist in Your Area?

- IAOMT (International Academy of Oral Medicine and Toxicology) www.iaomt.org
- IABDM (International Academy of Biological Dentistry and Medicine) www.iabdm.org
- HDA (Holistic Dental Association) www.holisticdental.org
- IAMSD (International Association of Mercury-Safe Dentistry) www.dentalwellness4u.com
- DAMS (Dental Amalgam Mercury Solutions) www.dams.com
- The Consumers for Dental Choice www.toxicteeth.org
- Etc.

Why Do Patients Need Biologic Dentistry?

- “80% of patient’s health problems can be partially traced to the mouth.” - Dietrich Klinghardt, MD, PhD
- “If I had to choose between Medical or Dental for our patients, I would eliminate the Medical side, for in our experience no one can overcome chronic health problems without Biological Dentistry.” - Thomas Rau, MD, Paracelsus Clinic
- “If you see many doctors for your condition with an unsuccessful diagnosis and treatment, think of your mouth as the missing link to your illness.” - Simon Yu, MD

How Does Dentistry Relate to Health?

The 7 Factors

1. Toxins
2. Nutritional Deficiencies and Biochemical Imbalances
3. Structural Problems
4. Energetic Perturbances
5. Food Intolerances
6. Geopathic Stress
7. Unresolved Psycho-Emotional or Spiritual Conflict or Trauma

Factor #1 Toxins

Dental Toxins Can Block Regulation

- Mercury, Tin, Copper, Silver from Amalgams
 - Palladium from Gold Crowns
 - Nickel from Non-Precious Crowns
 - Aluminum from Ceramic/Porcelain Crowns
 - Titanium from Dental Implants
 - Cadmium in Dentures and in Gutta Percha (found in Root Canalled Teeth)
 - Bisphenols and FL2 in Dental Composites
- * Research from German toxicologist Max Dauderer, MD, showed the entire jaw bone as highly susceptible to build up of toxins such as Pesticides, Solvents, Petrochemicals and Formaldehyde.

Factors #2: Nutritional Deficiencies and Biochemical Imbalances

Oral Manifestations of Nutritional Deficiencies and Biochemical Imbalances

- Decay
- Periodontal Disease
- Ulcers
- Cheilitis
- Denture Sores
- Leukoplakia

Factor #3: Structural Structural Problems Related To Head and Neck

Improper structural relationship of the mandible (lower jaw) to the cranium can cause profound dys-regulation and neurological overload resulting in dys-autonomia and health issues.

- Temporomandibular Disorder
- Craniomandibular Disorder
- Malocclusions
- Bridges Crossing Midline
- Cranial Distortions
- Lack of Vertical Dimension



Factor #4: Energetic Perturbances

Energetic Perturbances in the Mouth

- Oral Galvanism
- Dysfunctional Scars (tonsils, dead teeth, extraction sites)
- Dysfunctional Ganglia (Sphenopalatine, Otic, Submandibular)
- Tooth Acupuncture Meridian Disturbances

Tooth Meridian Chart



Associated Organ / Meridian

Other Associated Organs, Glands, Joints

Tooth Numbers

Traditional Chinese Meridian Organs															
Heart, Small Int., Circulation/Sex, Triple Warmer	Stomach Pancreas		Lung Large Intestine		Liver Gallbladder	Kidney Bladder		Kidney Bladder	Liver Gallbladder	Lung Large Intestine	Stomach Spleen		Heart, Small Int., Circulation/Sex, Triple Warmer		
Associated Western Medicine Joints, Organs and Glands															
Right: Shoulder, elbow, hand (ulnar) Sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS. Ant pituitary	Right: TMJ, anterior hip/knee, medial ankle. Sinus: Maxillary. Oropharynx, Larynx, esophagus, Rt. Side of Stomach. #2 Parathyroid; #3 Thyroid Right Breast		Right: Shoulder, elbow, hand (radial), foot, big toe. Sinus: Paranasal and Ethmoid. Bronchus, Nose. Right lung. Right side of Large Intestine #4 Right Breast		Right: Post. knee, hip, lateral ankle. Sinus: Sphenoid. Palatine Tonsil. Eye. Hypothal. Rt. Liver, gallbladder.	Right: Post. knee. Sacroiliac joint. Post. ankle. Sinus: Frontal Pharyngeal Tonsil. Pineal. Right kidney, bladder, ovary, uterus, prostate, testicle, rectum		Kidney Bladder	Left: Post. knee. Sacroiliac joint. Post. ankle. Sinus: Frontal Pharyngeal Tonsil. Pineal. Left kidney, bladder, ovary, uterus, prostate, testicle, rectum	Left: Post. knee, hip, lateral ankle. Sinus: Sphenoid. Palatine Tonsil. Eye. Hypothal. Left Liver, biliary ducts.	Left: Shoulder, elbow, hand (radial), foot, big toe. Sinus: Paranasal and Ethmoid. Bronchus, Nose. Left lung. Left side Large Intestine #13 Left Breast		Left: TMJ, anterior hip/knee, medial ankle. Sinus: Maxillary. Oropharynx, Larynx, esophagus, Left Side of Stomach. #14: Thyroid #15: Parathyroid Left Breast		Left: Shoulder, elbow, hand (ulnar) Sacroiliac, foot, toes, Middle Ear. Left heart, Jejunum, ileum. CNS. Ant pituitary
32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17
Traditional Chinese Meridian Organs															
Heart, Small Int., Circulation/Sex, Triple Warmer	Lung Large Intestine		Stomach Pancreas	Liver Gallbladder	Kidney Bladder		Kidney Bladder	Liver Gallbladder	Spleen Stomach	Lung Large Intestine		Heart, Small Int., Circulation/Sex, Triple Warmer			
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Acupuncture Tooth-Organ Relationships from various sources including Gleditsch and Klinghardt (www.NeuralTherapy.com). Compiled by Dr. Ralph Wilson

Factor #6: Geopathic Stress

Dental Influence on Patients' Experience of Geopathic Stress

Patients with high levels of oral galvanism, (mercury and dissimilar metals in the conducive environment of saliva) will show a higher sensitivity to EMF pollution and geopathic stress.

Factor #7

Unresolved Psycho-Emotional or Spiritual Conflict or Trauma

Beyond emotions associated with each tooth via meridians and/or conflict captured at any level. Remember that dentistry, of all health professions, seems to elicit the most stress for many people.

Poor past experiences with dentistry can produce anxiety and emotional distress that can border on terror and irrational behavior.

Address the dental component with care and compassion in order to optimize patient compliance.

Syntax of Care

- 1. Mercury**
2. Periodontal infections
3. Root Canals
4. Extractions
5. Neural Therapy
6. Cavitations
7. TMJ/ CMD
8. Other Components

There is a reason that toxins are the first of the 7 Factors when evaluating health issues.



COUNTERTHINK

"SEAFOOD MERCURY WARNING"

SO WHY ARE WE NOT SUPPOSED TO EAT HUMANS ANYMORE?

BECAUSE THEY CONTAIN TOXIC LEVELS OF MERCURY THANKS TO ALL THE FILLINGS IN THEIR TEETH.



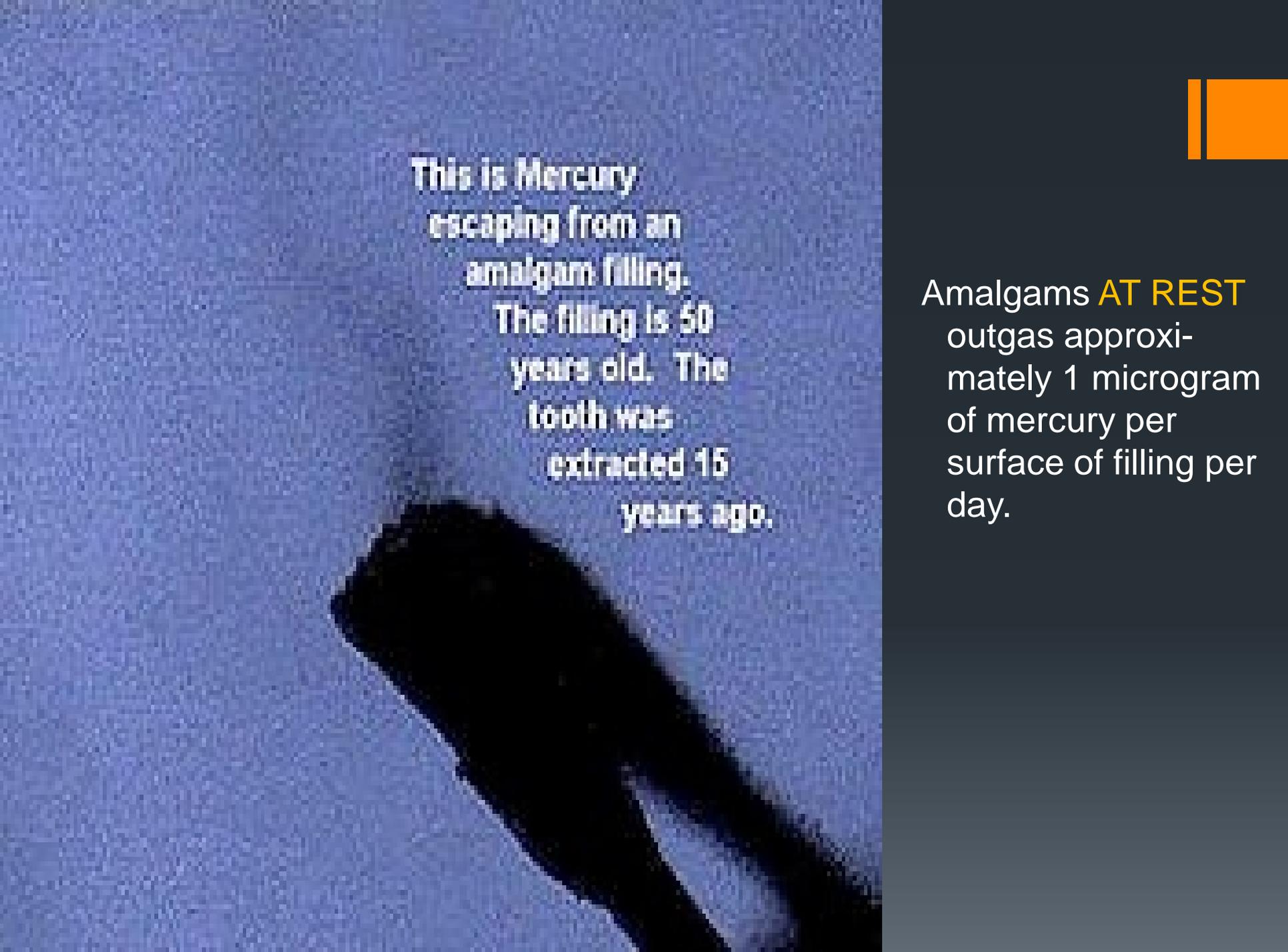
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Working Within Traditional (ADA) Standard of Care

- At this time, dentists can NOT suggest replacement of clinically intact amalgams to your clients.
- If you wish for a dentist to address amalgams as a dental components of your clients' blocked regulation, prepare your client to know that your client must request replacement.

All silver fillings – *including* those placed *today* – contain 48-52% mercury, the single most toxic non-radioactive element on the planet.





This is Mercury
escaping from an
amalgam filling.
The filling is 50
years old. The
tooth was
extracted 15
years ago.

Amalgams **AT REST**
outgas approxi-
mately 1 microgram
of mercury per
surface of filling per
day.



Minimal *mechanical, chemical, and temperature* stimulation dramatically accelerates emission:

- ⦿ chewing gum or food
- ⦿ grinding or clenching teeth at night
- ⦿ consuming hot liquids or foods
- ⦿ whitening teeth
- ⦿ consuming acidic foods such as vinegars
- ⦿ biogalvanic current
- ⦿ professional teeth cleaning
- ⦿ routine brushing and flossing

Symptoms of mercury toxicity

- Tremors
- Anemia
- Palpitations
- Irregular heartbeat
- Alterations in blood pressure
- Pain or pressure in chest
- Flushing
- Muscle soreness
- Joint pains
- Chronic or frequent headaches
- Pain in extremities (hands/feet)
- Numbness in extremities (hands/feet)
- Tingling in extremities (hands/feet)
- Tingling in lips
- Excess salivation
- Inflammation of the mouth
- Loosening of teeth
- Alveolar bone loss
- Blue lines on gums
- Ulcerations in mouth
- Bleeding gingiva
- Periodontal disease
- Apathy
- Loss of initiative and interest
- Anxiety
- Crying spells
- Mental depression
- Irritability
- Nervousness
- Alzheimer-like symptoms
- Hallucinations
- Hyperactivity or excitability
- Skin disturbances, rashes
- Excessive perspiration
- Clammy, cold skin, hands or feet
- Excessive chilliness
- Excessive warmth
- Metallic taste
- Foul breath
- Burning tongue, mouth, throat
- Inflammation of kidney
- Urgent or frequent urination
- Bedwetting
- Constipation or diarrhea
- Vaginal itching
- Abdominal cramps
- Weight loss
- Anorexia or chronic obesity
- Pressure, itching, burning, tearing eyes
- Dim, double, blurred vision
- Dizziness
- Decreased hearing
- Tinnitus
- Excessive mucous
- Sinus congestion
- Wheezing
- Persistent cough
- Allergies
- Asthma
- Nasal inflammation
- Insomnia
- Fatigue
- Drowsiness
- Antisocial behavior
- Difficulty concentrating or thinking
- Mental confusion
- Impaired memory
- Evidence of mental deterioration

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- Removing the toxic load of amalgams may allow the body sufficient reserve to deal effectively with other symptoms.
 - Removing amalgams will also allow a more accurate reading – from ART, EAV, HRV, AET, Potentiometer, etc. – as to which, if any, PFM crowns or RCT's the body is handling well and which, if any, it is not.



Protocol

- SAFE amalgam remediation includes a number of steps
 - Different dentists will have different protocols, and that's fine.
 - Find a dentist who has the technology and techniques protect their patients and who understands, respects, and supports their holistic views.











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Benico
STAINLESS







Thank You